

2014 (F.A.T.) QUALIFYING STANDARDS:

Event	1A Girls 2014	2A Girls 2014	3A Girls 2014
Long Jump	16-4	16-11	17-6
Pole Vault	9-3	9-9	10-6
High Jump	5-2	5-2	5-3
Shot Put	35-6	37-0	37-8
Triple Jump	33-8	34-8	35-8
Discus Throw	108-0	112-3	117-6
4x800 M. Relay	10:22.24	9:58.04	9:38.24
4x100 M. Relay	:51.94	:50.84	:49.44
3200 M. Run	12:12.24	11:40.04	11:16.04
100 M. High Hurdles	:16.64	:15.94	:15.34
100 M. Dash	:13.04	:12.74	:12.54
800 M. Run	2:26.64	2:23.34	2:19.74
4x200 M. Relay	1:50.34	1:48.04	1:45.74
400 M. Dash	1:02.04	:59.90	:59.44
300 M. Low Hurdles	:49.04	:47.84	:46.94
1600 M. Run	5:35.14	5:25.24	5:14.24
200 M. Dash	:27.04	:26.64	:25.94
4x400 M. Relay	4:14.34	4:10.04	4:04.24

Event	1A Boys 2014	2A Boys 2014	3A Boys 2014
Long Jump	21-0	21-8	22-3
Pole Vault	13-0	13-6	13-9
High Jump	6-3	6-3	6-5
Shot Put	48-0	50-11	52-11
Triple Jump	42-0	43-10	44-10
Discus Throw	143-0	149-0	156-6
4x800 M. Relay	8:26.24	8:15.24	7:58.04
4x100 M. Relay	:44.54	:43.54	:42.64
3200 M. Run	10:04.00	9:49.24	9:29.04
110 M. High Hurdles	:15.54	:15.24	:14.74
100 M. Dash	:11.14	:11.04	:10.94
800 M. Run	2:01.24	1:59.04	1:57.24
4x200 M. Relay	1:33.74	1:31.74	1:29.64
400 M. Dash	:51.74	:50.84	:49.94
300 M. Int. Hurdles	:42.00	:40.44	:39.84
1600 M. Run	4:37.24	4:30.44	4:22.04
200 M. Dash	:22.94	:22.54	:22.24
4x400 M. Relay	3:31.74	3:27.44	3:23.74

Athletes with Disabilities Wheelchair Track & Field Standards

Event	Wheelchair Girls	Wheelchair Boys
Shot Put	4'	6'
Discus Throw	8'	15'
100 M. Dash	:45	:40
200 M. Dash	1:35	1:25
400 M. Dash	3:15	3:00
800 M. Run	6:30	6:00

Indicates Qualifying Standards Changes for 2014